

International Research Guesthouse

Welcome Guide







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Overview of the Guesthouse





Welcome to the International Research Guesthouse

Our guesthouse is composed of 18 apartments: from 1- to 3-room units on two sites in Neuville-sur-Oise and Cergy





All apartments have a fully equipped kitchen and a WIFI connection.





Upon arrival

Please report to the manager's office (1st floor, room H 107) in order to perform the check-in procedure and the deposit imprint.

For all stays of one week or more, an inventory of fixtures will be made upon your arrival and departure. In case of any damage or missing object, repairs and replacements will be at your expense (refer to the price list).







Common space / Laundry room

A common space is at your disposal.

It consists of a lounge area, a dining room and a fully equipped kitchen.

The common space also includes a self-service laundry room.

However, you need to bring your own detergent.

Do not hesitate to contact the manager for any information and assistance.

Gym room

The gym room is in free access. Due to the health conditions, no more than 2 people is allowed at the same time.

Please book your time slot with the gym manager – Jacques Fragoso – jacques.fragoso@cyu.fr





Housekeeping / Linen services

The cleaning of your apartment and the change of linen is done once a week. If you notice any defect in maintenance, do not he sitate to report it to the manager.





Videophone

Each apartment has a videophone, which allows you to secure access to the house for visitors. To contact you in your apartment, visitors will need to look up your apartment number in the directory and ring the bell.

The videophone enables you to view your visitors on video, talk to them ("Talk" button) and open the door ("Key" button).





Specific needs

Need an iron and an ironing board? A universal adapter for your electronic devices? A luggage scale? Any other request? The Gueshouse also proposes the loan of a barbecue for outside friendly moments.

Do not hesitate to contact the manager for more information.





Transportation





Trains / RER

Neuville station - take the Gay Lussac alley to the RER station - Trains to Paris and Cergy-Pontoise.

Tickets can be purchased directly at the station, more information at https://www.iledefrance-mobilites.fr/titres-et-tarifs.

Bus

34 to Cergy-le-Haut or Pontoise

48 to Cergy-Préfecture

Tickets can be purchased on board the bus or at the station

Taxi

Taxi G7 - https://www.g7.fr/

AU YEN KONG EDDIE - +33 (0)7 82 12 42 01

TAXI Hugues Vieuxmaire - +33 (0)6 07 68 86 77

Lacourse – 06 07 49 06 48 – contact@lacoursetransport.fr – www.lacoursetransport.fr

UBER - private chauffeur service - https://www.uber.com/fr/fr/





Bikes

The Guesthouse proposes a bike rental service. You can rent a bike for one week (€18), one month (€28) or one trimester (€58). Do not hesitate to contact the manager for more information.

A bike rental station (VéLO2 subscription service) is available at the Neuville-Université RER station. For all information about subscriptions, visit http://www.velo2.cergypontoise.fr/.

Car rental

Hertz - Cergy-Pontoise Agency – *Les 3 Fontaines* shopping center -> RER A - Cergy-Préfecture E.Leclerc location - Conflans Sainte-Honorine agency - 25 minutes walk

OuiCar – peer-to-peer car sharing service - https://www.ouicar.fr





Everyday Life

Shopping







Lidl Supermarket - Conflans-Sainte-Honorine

Monday to Saturday 8:30am - 8pm

22 minutes on foot

7 mn by bike or car



G20 Supermarket - Éragny

Monday to Sunday 10 am - 7.30 pm

25 minutes on foot

7 minutes by bike or car



E.Leclerc Supermarket - Conflans-Sainte-Honorine

Monday to Saturday 9:30 am - 8:30 pm / Sunday 9:00 am - 12:45 pm

25 minutes on foot

7 minutes by bike or car



Auchan Cergy Supermarket - Les 3 Fontaines Monday to Saturday 8:30am - 8pm 11 minutes by RER A 15 minutes by bike









Monday to Saturday 9:30 am - 7:30 pm 7 minutes by bike or car



Organic supermarket C tout bio - Cergy

Tuesday to Friday 3pm - 7.30pm Saturday 10 am - 7:30 pm 8 minutes by car

15 minutes by bike



E.Leclerc Drive - Conflans-Sainte-Honorine

Monday to Saturday 8:30am - 8pm Accessible only by car for pick up of online pre-orders

7 minutes by car



Picard - Frozen food - Conflans-Sainte-Honorine

Monday to Sunday 10 am - 7.30 pm Home delivery service available

25 minutes on foot 6 minutes by bike or car







Market gardener "La Rivoise" - Cergy

Wednesday 9am - 12pm / Friday 9am - 12pm and 2pm - 6pm Saturday 9:00 am - 12:00 pm / Reservations for produce baskets possible 7 minutes by car 15 minutes by bike



Market gardener "Les Plaisirs du Jardin" - Cergy

15 mn by bike
Friday 1:30pm - 6pm
Reservations for produce baskets possible
11 minutes by car
15 minutes by bike





Everyday Life

Bakeries and pharmacies









Monday, Tuesday, Thursday and Friday 7am - 12.45pm and 3.45pm - 7.30pm

Saturday 7 am - 1 pm and 3.45 pm - 7.30 pm / Sunday 7 am - 1 pm

20 minutes on foot 6 minutes by bike

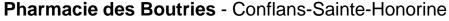


La Belle Meunière - Conflans-Sainte-Honorine
Wednesday to Monday 6.30am - 8pm
23 minutes on foot
8 minutes by bike









(in the Leclerc shopping center)

25 minutes on foot 7 minutes by bike or car

Monday to Saturday 9am - 8.30pm





Pharmacie des 3 fontaines - Cergy

(in the 3 Fontaines shopping center)

Monday to Saturday 9am - 8pm

11 minutes by RER A 15 minutes by bike





Pharmacie du Village - Cergy Village

Monday to Friday 8.30am - 12.30pm, 2pm - 7.30pm/ Saturday 9am - 7pm

8 minutes by car 12 minutes by bike





Cité Santé Pharmacy - Eragny

Monday to Saturday 9am - 8pm

22 minutes on foot 7 minutes by bike or car





Everyday Life

Restaurants





Neuville-sur-Oise



Le Chameau – *Moroccan cuisine* 20 minutes on foot 6 minutes by bike



Monsieur Orbicole – *Traditional cuisine* 20 minutes on foot 6 minutes by bike

Distances from the International Research Guesthouse - Neuville









Cala Luna - *Italian cuisine* 22 minutes on foot 8 minutes by bike



Ô Chalet - Mountain cuisine22 minutes on foot7 minutes by bike







Eragny-sur-Oise

3 Brasseurs - *Microbrewery* 10 minutes by car



Léon de Bruxelles - *Belgian specialties* 10 minutes by car



La Criée – Fish specialties 10 minutes by car



Au Bureau –*Brasserie* 10 minutes by car







Conflans-Sainte-Honorine

Mamma Mia Pinseria - *Italian cuisine* 10 minutes by car 15 minutes by bike



My Piccola Italia - *Italian cuisine* 10 minutes by car 15 minutes by bike



Le Mékong - *Thai-Khmer cuisine* 11 minutes by car 15 minutes by bike



Maurecourt
Trésors Indiens - *Indian Cuisine*6 minutes by car
12 minutes by bike











La Gloria di mio Padre - *Italian cuisine* 8 minutes by car 11 minutes by RER A

L'Atelier - *Brasserie* 6 minutes by car 17 minutes by RER A





Port-Cergy
La Taverne des Rois - *Brasserie*8 minutes by car
15 minutes by bike

Le Millésime du Port - *Brasserie* 8 minutes by car 15 minutes by bike







Port-Cergy

Le Port d'Agadir - *Moroccan cuisine* 8 minutes by car 15 minutes by bike



La Marina Café - *Brasserie* 8 minutes by car 15 minutes by bike



Label Crêpe Bistro - *Crêperie* 8 minutes by car 15 minutes by bike



La Crêperie du Port / The Old English Pub - *Crêperie / Pub* 8 minutes by car 15 minutes by bike









Hippopotamus Steakhouse – *Brasserie / Steakhouse* 8 minutes by car 15 minutes by bike



La Cavallina - *Italian cuisine* 8 minutes by car 15 minutes by bike



Le Port d'Asie - *Thai and Laotian specialities* 8 minutes by car 15 minutes by bike



La Rôtisserie O - French / Mountain cuisine 8 minutes by car 15 minutes by bike





Everyday Life

Home delivery services





Food ordering and delivery













Home delivery of groceries









LOCAL PRODUCTS

Home delivery of frozen food













Entertainment - Going Out - Culture







Île de Loisirs - Cergy-Pontoise



13 As One Events / Cultural agenda



Cergy-Pontoise l'agglomération News / Events / Culture



Val d'Oise Department News / Events / Culture



Tourist Office / Porte du Vexin News / Events / Culture



French Vexin Regional Natural Park Culture / Events



Auvers-sur-Oise Culture / Heritage



Conservatoire à rayonnement régional Cultural season / artistic season



Local public libraries



Cergy-Pontoise and surroundings
Conflans-Sainte-Honorine
Saint-Ouen l'Aumône and Pontoise
Achères



Val d'Oise theaters - <u>Cultural agenda</u> Yvelines theaters - <u>Cultural agenda</u>



Versailles Tourist Office Discover Versailles



Paris Convention and Visitors Bureau Discover Paris





Emergency Numbers





Police 17

Fire Brigade 18

SOS Médecins (visiting doctor service) www.sosmedecin.fr

SAMU (emergency medical services) 15

Police station +33 (0)1 30 27 20 60

Late-night pharmacy Contact the police station

TECHNICAL EMERGENCIES (as electricity, plumbery, heating, locksmithing, water)

Spoken language: in French only / please indicate your apartment number

During opening time of the Maison internationale de la recherche		
From Monday to Friday 8am to 7pm	Jacques FRAGOSO jacques.fragoso@cyu.fr	+33 1 34 25 64 30
From Monday to Friday 8pm to 8am And during the week-ends	PC Sécurité des Chênes	+33 1 34 25 66 66

During administrative closure of the MIR			
24h/24 – 7/7	SPIE	0 820 077 024	
ID to communicate	Neuville Guesthouse	S00M15_6241	
ID to communicate	Cergy Chênes Studio	S00M15_6242	

